



WELLNESS CENTER

The Biology of Relationships: The Cellular Science of WellBeing and Health Dr. Ann Marie Nielsen

The intelligence of science, of medical experts, of the sages, and of our own bodies and intuition has unequivocally proved to us that stress and unhappiness affects health and relationships. In fact, more researchers and physicians are in agreement that emotional dis-harmony and negative beliefs, directly causes or exacerbates illness. And the reverse is true: emotional healing and the release of blocked energy allows for reversal of illness, new vitality and increased longevity.

Research for years now has shown that stress affects health. In fact, more researchers and physicians are in agreement that emotional stress directly causes or exacerbates illness. And the reverse is true: emotional healing and the release of blocked energy allows for reversal of illness, new vitality and increased longevity.

Both Western Medicine and Eastern Medicine, including Traditional Chinese Medicine, supports the notion that releasing blockages from stress and constriction allows for health in your physical system and happiness in your emotions and life.

Especially fascinating is the evidence of emotional energetics at the cellular level. Research reveals that feeling coherent emotion (such as love, gratitude, or peace) directly affects the DNA of the cells. DNA is a crystalline structure which can be transformed into more coherent and life giving patterns. In addition, there are molecular gates of memory and innate latent patterns in the DNA which can be activated and thus allow you to move into your highest potentials in your physical body. In addition, this enhances your capacity to access your highest intelligence and innate genius.

Emotional transformation that sparks cellular coherence, may create many opportunities for relationships of connection, love, kindness, and true oneness. As the fight-or-flight stress and separation patterns diminish, and as new patterns of loving communion awaken, the benefits may be quite magnificent in relationships, vitality and health.

This is an exciting time to be alive. It is a time to discover our full potentials in our bodies being filled with vibrant life, our relationships establishing authentic connections and our career/financial potentials being actualized at the highest levels.

I welcome you to experience this transformation through a regenerative relaxation session that supports cellular regeneration. In addition, this actualizing of your full potentials and cellular regeneration is part of my audio cd series. Divine Love: The Heart Alchemy of Self-Love and Sacred Romance has just been released. This supports discovering refreshing feelings of self-love, an in-love-with-life exuberance, and a cellular transformation.

With Love and Gratitude,
Dr. Ann Marie Nielsen

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Dr. Ann Marie Nielsen: LMHC FL 8181, Mental Health Counselor, Couples and Marriage Counselor, Business Consultant, Mind-Body Wellness Practitioner, BioGenesis Practitioner, Speaker, Author

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To Schedule and Appointment:
Wellness Center Phone Number: 727-319-8819